



APPLICATION CUM DECLARATION FORM

For Health Check up at HealthSpring

I, Shri/Smt/Ms. _____

Membership No. _____ wish to avail the Health check up facility provided by our Bank at HealthSpring Centers.

I hereby declare that "I have read the terms & conditions of the "Medical checkup scheme" and fully understood that The Greater Bombay Co-op. Bank Ltd is not responsible for the services of the Center or for the results of the test".

This facility is extended to me as a Member / Employee of the Bank with a sole objective of welfare of the Members / Employee and Bank has no statutory obligation in implementation of the scheme.

1. Tel/Mobile No.: _____ 2. Date of Birth: _____

3. Email Address: _____

4. Sex : Male Female 5. Preferred Date of Appointment: _____

6. Please select any one of the following package:

- Standard CHC Package (As per the annexure) (40 years and above)
- Exclusive Male Package (Standard Package + PSA Test)
- Exclusive Female Package (Standard Package+ PAP Smear Test + Mammography Test)

(Exclusive Packages are for Members who are 50 years and above)

7. Center where check up is to be done : _____

(Kindly check the annexure for name and details of the Centers)

Signature of the Applicant : _____

**** Note : Kindly enclose Copy of PAN Card or any Age Proof. Original documents as stated above to be produced for verification at the Branch. All the tests are to be done at one single Center only. Members/Employees are advised to carry the Appointment Letter, ID Proof and List of Tests as per the CHC Package to the Clinics.**

For Branch Purpose Only

Branch Stamp with Signature: _____ Branch Receipt Date : _____



GREATER BANK

The Greater Bombay Co-operative Bank Limited (Scheduled Bank)
Corporate Office: Churchgate Chambers, Ground Floor, Sir Vithaldas Thackersey Marg, 5, New Marine Lines, Mumbai - 400 020.
Tel.: 91-22-61285900 | Fax.: 91-22-22076989, 22618530 | info@greaterbank.com | www.greaterbank.com

“TERMS AND CONDITIONS”

THINGS YOU NEED TO REMEMBER PRIOR TO HEALTH CHECK-UP

- Health Checks are done through prior appointments only.
- Shareholders are requested to kindly observe the appointment timings, to facilitate the smooth flow of their Health Check.
- Shareholders are requested to carry their appointment letter duly signed by the Authorized Signatory along with ID Proof bearing Date of Birth and List of Tests provided to you. No Health Check-Up will be done without the above mentioned documents.
- Shareholders are requested to visit the branch of HelathSpring originally opted by them at the time of application.
- The employee undergoing the health check-up should reach between 8.15 am – 9.30 am or as scheduled by the clinic.
- Minimum of 12 hours fasting is essential prior to the health check-up.
- May drink water during fasting. Refrain from alcohol at least 48 hours prior to the health check-up.
- Men are requested to shave their chest to ensure a good ECG / Tread Mill Test.
- If you are wearing contact lenses, please remove those 2 days prior to health check-up.
- Wear loose clothing, no jewelry (Necklaces / Chains) and easily removable footwear.
- If you are diabetic, avoid taking your insulin injections / anti diabetic tablets on the morning of Health Check-up. Please carry your insulin / anti diabetic tablets which you can have before or after your breakfast in the clinic. Other regular medication can be taken as instructed by the doctor. Please carry regular medication along.
- Please bring all your earlier (Within 1Year) medical records and medical accessories like glasses, hearing aid if you have any when you come for Health Check Up.
- In case of any additional Tests / Investigations / Procedures / Consultations at request or if required will be charged separately to the shareholders as per the standard rates by the Clinic.
- Please do not carry urine sample as the same will be collected at the centre on the day of checkup.

	Annual Health Check Program	Standard Package 40 years and above	Exclusive Package 50 years and above
Key Vitals	Heart Rate	Yes	Yes
	Oxygen Saturation	Yes	Yes
	Blood Pressure	Yes	Yes
	Hip:Waist	Yes	Yes
	Height, Weight & Body Mass Index (BMI)	Yes	Yes
	Blood Group & Rh factor	Yes	Yes
Infection	CBC (16 parameters include Total Leucocytes, Eosinophils, Basophils, Lymphocytes, Monocytes, Hematocrit (PCV), Total RBC Count, Hemoglobin, Mean Corpuscular Volume, Mean Corpuscular, Hemoglobin, MCH Concentration, Red Cell Distribution Width, Platelet Count, Platelet Distribution Width & Mean Platelet Volume)	Yes	Yes
Screening	ESR	Yes	Yes
	Routine Urine Analysis	Yes	Yes
Diabeties Screening	Blood Sugar (Fasting)	Yes	Yes
	Blood Sugar (Post prandial)	Yes	Yes
Cardiovascular risk check	Comprehensive Lipid Profile (Total Cholesterol/ HDL Cholesterol/ LDL Cholesterol/ Cholesterol/ HDL ratio/ LDL: HDL ratio/ VLDL Cholesterol/ Triglyceride)	Yes	Yes
	ECG (Electro Cardio Gram)	Yes	Yes
	Chest Xray	Yes	Yes
Kidney Health	Basic Renal Profile - BUN / Creatinine / Uric Acid /Serum	Yes	Yes
Liver Health	Basic Liver Profile (SGPT / SGOT / Bilirubin)	Yes	Yes
Radiology & other investigations	Thyroid Profile - T3 / T4 / TSH	Yes	Yes
	Routine Eye checkup - by Physician at Centre & Vision Test - Near, Far & Color	Yes	Yes
	Routine Dental checkup - by Physician at Centre	Yes	Yes
Cancer Check	PAP Smear for Female, 50 years and above	No	Yes
	Mammography for Female, 50 years and above	No	Yes
	PSA for Male, and above	No	Yes
	Breakfast at Centre	Yes	Yes

Consultations	Physician Consultations / Gynecologist Consultation (For Womens) with review and roadmap to good health (30-45mins) after Health Check-up	Yes	Yes
	Additional Dietician Consultation to drive improved medical outcome	Yes	Yes

Note for Members:	EMR (Electronic Medical Record) - Your medical records will be accessible from anywhere, anytime. Kindly contact your HealthSpring Center for further details.	Yes	Yes
	Tele-Health: 24*7 High-quality, protocol-lead un-limited doctor consultations for routine health issues & Emergency Consultations. Saves patient time and ensures he/she gets timely, reliable and actionable medical advice. You can directly contact the Help Line Numbers - 1800 266 5222 / 8652886529 for any details.	Yes	Yes
	Home Collection - (Exclusive Package Services) - Enjoy peace of mind while giving samples at home as Healthspring brings you the complete assurance of hygiene anywhere, anytime.	Yes	Yes

Sr.No.	Center Name	Address	Phone Number
1	Andheri East	Shop No 17, Ground floor,Mittal Industrial Estate, Building No 2, Marol Naka,Andheri Kurla Road, Andheri (East), Mumbai -400059	022 6129 0303
2	Andheri West	Shree Krishna, G Wing- 104, First floor,Opposite Laxmi Industrial Estate,Near Fun Republic,New Link Road, Oshiwara,Andheri (W), Mumbai - 400053	022 6131 4141
3	Bandra	207/208 Ground Floor,Allied Building,St John's Road and St Andrew's Road,Pali Hill, Bandra (West), Mumbai - 400050.Landmark - Near Gold's Gym	022 2658 6767 / Emg - 8433939685
4	Borivali	Shree Rameshwar CHS LTD Tower A,Next to Gokhale School,Shimpoli Road, Borivali West,Mumbai - 400092	022 2968 6161
5	Cuffe Parade	Shop No. 1, Ground Floor,Saideep - 17, Old Cuffe Parade,Mumbai - 400 005	022 2217 4545
6	Dadar	Shiv Kutir, Opposite Hotel Amigo,VS Marg, Shivaji Park,Dadar, Mumbai - 400 028	022 2446 4646
7	Ghatkopar	Shop No 6, Skye Enclave,Ground Floor, Tilak Road,MP Vaidya Marg, Ghatkopar (East),Mumbai - 400077.Landmark - Opposite Cafe Coffee Day.	022 2501 8484
8	Goregaon	Shop No 1 & 2, 1st Floor, Onkar CHS Ltd,Shivdham Sankul, Gen AK Vaidy Marg,Opp. Oberoi Mall, Goregaon (E),Mumbai - 400097.	022 6130 3535 / Emg - 7738897527
9	Juhu	Ground Floor, Plot No 12,Rain Basera, Main Gulmohar Road No 1,JVPD Scheme, Mumbai - 400049.Landmark - Near Sujay Hospital	022 2621 5050
10	Kandivali	Shop No 49, 50 & 51, Ground Floor,Jupiter Co - operative Housing Society,Opp. Rama's Restaurant,Evershine Millennium Paradise,Thakur Village, Kandivali (East),Mumbai - 400 101	022 2846 4949
11	Kemps Corner	2nd floor, Advani Chambers,August Kranti Marg,Kemps Corner, Mumbai 400 036.	022 6748 3636
12	Khar	101, Glacis Tower, Linking Road,Above Indusind Bank, Khar (W),Mumbai 400052	022 6604 3737
13	Kharghar	Shop 1,2 & 3, Ground Floor,Moreshwar Complex, Plot no. 35,Sector - 21, Kharghar,Navi Mumbai - 410210 Landmark - Shilp Chowk	022 2776 3030
14	Koparkhairane	Shop No 1 & 2, Satyam Tower CHS Plot 18 Sector 20 Koparkhairane Navi Mumbai - 400709 Next to Zaikaa Restaurant	022 2755 5353
15	Lodha Palava	Casa Reo, Lodha Palava,Kalyan - Shilphta Road,Usarghar Gaon, Thane, Mumbai 421201	0251 6696 593 / 9579564735
16	Malad	Unit No. 102-B, Palm Court ComplexM Building, Above D MartLink Road, Malad (W), Mumbai - 400 064	022 6133 6464
17	Mulund	Shop Nos. 1, 2 and 3, Ground floor "Munish C.H.S. Ltd, LBS Marg, opp. Johnson & Johnson Factory, Mulund (West), Mumbai - 400 080	022 6787 4444
18	Nerul	Shop No. 20, Ground Floor Meredien Apartments, Sector 6 Nerul, Navi Mumbai, 400706 Nerul Landmark: Near Direct2u Grocery Store	022 2771 7720
19	Parel	Bayside Arcade, Shop No. 11, Near Ashok Towers, Opp Bharat Mata Cinema, Parel, Mumbai - 400012	022 6192 4343
20	Powai	Galleria - 205/205A, 2nd Floor, Opposite KFC, Powai, Mumbai - 400076	022 6744 3838

21	Sanpada	No. 19, Ground floor, Bhoomi Paradise, Sector-11, Sanpada (E), Navi Mumbai – 400705 Landmark: Near Millenium Towers. Near Juinagar station.	022 2775 6363
22	Thane Ghodbunder	Orion Business Park, Shop No. 9, Ground Floor, Ghodbunder Road, Near Cine Wonder Mall, Manpada, Thane (W) - 400607	022 4129 4242
23	Thane Panchpakhadi	Ground Floor, B - Wing, Mohan Heritage, Almedia Road, Panchpakhadi, Thane West - 400602. Landmark - TMC Office	022 2549 7474
24	Vasai Road	G1, G2, G3 & G4, Ground Floor, A - Wing, P P Paradise, Ambadi Road, Village Navghar, Taluka Vasai, District Palghar. Mumbai 401404 Landmark - Next to Vasai Gurudwara.	0250 2333001
25	Vashi	Shop No. 12 and 13, Ganesh Co.Op. Housing Society, Sector1, Vashi, Navi Mumbai - 400703	022 6744 3939
26	Home Collection	<p>Members / Employees opting for Exclusive Package will be given special service for Home Collection.</p> <p>Members / Employees opting for Exclusive Package are requested to mention the nearest Health Spring Center in the form while opting for Home Collection.</p>	